

OMAN ALONG THE COAST

TRIP AVAILABLE IN JANUARY - FEBRUARY - MARCH - NOVEMBER - DECEMBER

TRIP DURATION 18 Day

STARTING PLACE Muttrah
FINISHING PLACE Salalah

DIFFICULTY LEVEL **Level 2** Quite easy tours with easy hikes (no more than 4 hours walking and 300m height difference). These tours might include swimming but no aquatic hike nor canyoning. There is always the option, for the participants who wish it, not to do the walk ; when possible, an

PRICE PER PERSON							
Number of Guests	2	3	4	5	6	7	8
Price per person in OMR	1850	1450	1350	1350	1250	1200	1150
Price per person in USD	4843	3796	3534	3534	3272	3141	3010

STAFF FOR THE TRIP
from 1 to 4 Guests
1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 18
from 5 to 8 Guests
1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 18
1 Driver from Day 1 to 18

Cooking during bivouacs is performed by the whole team

TRANSPORTATION
For transfers mentioned in the program
from 1 to 4 Guests
1 4WD Car from Day 1 to 18
Ferry Day 4 from Shanah to Hilf (Masirah)
Ferry Day 6 from Hilf (Masirah) to Shanah
from 5 to 8 Guests
2 4WD Car from Day 1 to 18
Ferry Day 4 from Shanah to Hilf (Masirah)
Ferry Day 6 from Hilf (Masirah) to Shanah

PRICES INCLUDE
Transportations mentioned above
Petrol
Staff mentioned above
All excursions and entrance fees mentioned in the program
Breakfast on days..... 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19
Lunch on days..... 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18
Dinner on days..... 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18
Water
All overstays mentioned in the program on a double occupancy base, unless differently written in the trip program
Single extra : 128 OMR (333 USD) Concerns following nights 1, 2, 3, 4, 5, 11, 12, 13, 14,
Triple Room Discount : -40 OMR (-104 USD) Concerns following nights 1, 2, 4, 5
Camping Equipment (dome tents for 2 people, comfortable mattress, matt, crockery, cooking equipment)

PRICES DON'T INCLUDE
Personal Expenses
Drinks between meals
Transportation to starting place and from finishing place of the trip
Eventual additional nights before or after the trip
Tips for local team

WHAT YOU HAVE TO BRING
Personal first aid
Sun protection and insect repellent
Sandals
Sleeping Bag
Headlight
Toilet paper
Light clothes
Warmer clothes (jacket and trousers)
Hiking boots and socks
Walking sticks (optional : it can help you on some itineraries)
Hiking bag (20-30L)
Swimming suit (and maybe shoes to go to the water if you don't like walking on rocks)

ADVICE FOR TREKKERS
Oman is a mountainous arid country. All the paths are rocky and some are steep. Unless you are a experimented mountainer, or you are specially at ease in rocky terrains, it would be a good idea in Oman that you choose a level of difficulty a little under what you usually manage to do. You will still be able to see wonderful places and to perform very nice trekkings, but this will just prevent you from suffering and thus not enjoying your trip.

ADVICE ABOUT THE GOOD WAY OF CLOTHING
Oman is a muslim country in which islam is strict but very open-minded and tolerant. You'll never see an Omani pointing out the way of clothing or behaving of a tourist. But all of them will appreciate to see that you try to adapt. FOR WOMEN : bring trousers or short trousers and t-shirts covering shoulders, as well as a t-shirt (and maybe a short) for swimming. Obviously, when we are alone in remote areas you can dress as you like. FOR MEN : bring trousers or long shorts. FOR ALL : bring a pareo or big towel to change your clothes, since nudity is not admitted... tatoos should also be covered.